



# News from EMPHO and Trent Cancer Registry

## EMPHO 'Data Store'

This resource has recently been launched on the EMPHO website. It allows users to view data sets, access HES data or view a new 'Map Library'. This is a new product, still under development which will eventually contain a library of static and interactive maps. New interactive maps of 2006/07 HES data will be available. The atlases have been developed using new flash double map templates which provide extra functionality allowing the user can make comparisons between, for example, gender and year of admission. We would appreciate your comments but please bear in mind that the content is still very much under development. To access the Data store, use the 'Data Store' button on the top navigation bar. Clicking the button takes you to the main data store page at

[www.empho.org.uk/datastore.aspx](http://www.empho.org.uk/datastore.aspx)

## Alcohol and the East Midlands

This briefing, produced jointly by EMPHO and GO-EM, provides a summary of the issues for the region's policy makers and practitioners:

- Overview of the alcohol problem in the East Midlands: consumption and its direct and indirect consequences.
- Safe. Sensible. Social. The Government strategy.
- The Drink Debate. Local public consultation on the issue.

- East Midlands policy initiatives.

[www.empho.org.uk/Themes/alcohol/alcohol5.aspx](http://www.empho.org.uk/Themes/alcohol/alcohol5.aspx)

## Health Trends in the East Midlands - 2008

### Update

This is an analysis of health trends and inequalities in the East Midlands covering the period 1995 - 2006. Focusing on high-level health indicators, the report gives an overview of health in the East Midlands and evaluates regional trends in relation to national PSA targets. For the first time the report includes obesity prevalence data (adults and children) highlighting the growing importance of obesity within public health.

The report also covers:

- Life expectancy at birth
- Mortality rate from circulatory disease in people aged under 75
- Mortality rate from cancer in people aged under 75
- Mortality rate from accidents in people of all ages
- Suicide rate in people of all ages
- Teenage pregnancy rate
- Prevalence of cigarette smoking in people aged 16 and over (male/female)

[www.empho.org.uk/Themes/hi/hi5.aspx](http://www.empho.org.uk/Themes/hi/hi5.aspx)

## EMPHO Teenage Pregnancy theme pages updated

To coincide with the release of the 2006 (provisional) conception data for local authorities, EMPHO has redesigned its web resource on Teenage Pregnancy to include an easier to access and broader range of information on the subject. The webpages include:

- The latest conception data for all local authorities,
- Briefing paper providing an update to the report "Teenage Pregnancy in the East Midlands" with the new conception data,
- Up to date guidance & policy at national & regional level,
- wider set of links to data, resources and toolkits related to Teenage Pregnancy.
- New & Improved Interactive maps of Local Authority under 18 conception data, allowing the user to compare data over time, by region, ONS cluster group, deprivation & educational attainment. The tool will also draw funnel plots of the conception data.

[www.empho.org.uk/Themes/teenagepregnancy/tp1.aspx](http://www.empho.org.uk/Themes/teenagepregnancy/tp1.aspx)

Interactive maps:

[www.empho.org.uk/datastore/maps/tpmaps.aspx](http://www.empho.org.uk/datastore/maps/tpmaps.aspx)

## New National Obesity Observatory

The National Obesity Observatory for England is being established to provide a single point of contact for wide-ranging authoritative information on data, evidence and practice related to obesity, overweight, underweight and their determinants. It will work closely with a wide range of organisations and will provide support to policy makers and practitioners involved in obesity and related issues. An interim website has been set up at

[www.noo.org.uk](http://www.noo.org.uk)

## Indications of Public Health in the English Regions Report 9: Older People East Midlands summary

This report published by the Association of Public Health Observatories (APHO) is the ninth in a series of Public Health Indications reports commissioned by the Chief Medical Officer.

EMPHO has produced a summary for the East Midlands, which is available at

[www.empho.org.uk/viewResource.aspx?id=10497](http://www.empho.org.uk/viewResource.aspx?id=10497)

# CURRENT AWARENESS

## Food Standards Agency annual report

The Food Standards Agency has published its annual report for 2007/08. The report, entitled 'Safe food and healthy eating for all', outlines the Agency's record on food safety, explains how it provides expert scientific and evidence-based advice, and looks at the Agency's work on eating for health.

[www.food.gov.uk/news/newsarchive/2008/jul/annual0708](http://www.food.gov.uk/news/newsarchive/2008/jul/annual0708)

## Drug Use, Smoking and Drinking among young people in England 2007

This Information Centre report contains results from an annual survey of secondary school pupils aged in years 7 to 11 (mostly aged 11 to 15). The emphasis of the 2007 survey is on drug misuse.

[www.ic.nhs.uk/pubs/sdd07fullreport](http://www.ic.nhs.uk/pubs/sdd07fullreport)

## Sexually transmitted infections and young people

The Health Protection Agency has published 'Sexually transmitted infections and young people in the United Kingdom: 2008 Report'. The figures show a 6% increase in the total number of new sexually transmitted infections (STIs) diagnosed in 2007 compared to 2006. The report offers recommendations for reducing STIs among young people.

[www.hpa.org.uk/web/HPAweb&HPAwebStandard/HPAweb\\_C/1216022460726](http://www.hpa.org.uk/web/HPAweb&HPAwebStandard/HPAweb_C/1216022460726)

## Annual Report of the Chief Medical Officer 2007

This DH report draws attention to major health challenges requiring immediate action and details progress made in key areas identified in previous annual

reports. The report calls for a new focus on teenage health, and urges health services to take better account of the specific health needs of young people. It also draws attention to the nature of risks inherent in surgery and that more attention should be given to reducing errors in surgery. Additionally, it highlights the rising levels of oesophageal cancer, the importance of vaccination in improving public health and the issue of racism in medicine.

[www.dh.gov.uk/en/Publicationsandstatistics/Publications/AnnualReports/DH\\_086176](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/AnnualReports/DH_086176)

## Social marketing and public health

The Department of Health (DH) has published 'Ambitions for health: a strategic framework for maximising the potential of social marketing and health-related behaviour'. This strategic framework sets out how the DH plans to work together with key leaders in the public health community to embed social marketing principles into health improvement programmes. It also illustrates the practical tools being developed to build social marketing competencies and capacity in England.

[www.dh.gov.uk/en/Publichealth/Choosinghealth/DH\\_086106](http://www.dh.gov.uk/en/Publichealth/Choosinghealth/DH_086106)

## Smokefree England - one year on

A report examining the impact of the smokefree law, one year on since it was introduced in England on 1 July 2007. Research amongst businesses and consumers clearly suggests that the nation has quickly adapted to, is benefiting from, and is showing growing support for the smokefree law in England.

[www.dh.gov.uk/en/Publicationsandstatistics/](http://www.dh.gov.uk/en/Publicationsandstatistics/)

## East Midlands Alcohol Harm Reduction Network

*The Network has been established in order to provide greater coordination of regional alcohol harm reduction activity and to facilitate learning and sharing of good practice. Membership of this network is open to the leads for the alcohol harm-reduction agenda from the NHS and local government, including those commissioning or providing treatment services, those engaged in the licensing trade, and those whose role is in administration and enforcement of the licensing laws.*

*There are now over 280 people from around the East Midlands who form part of the Alcohol Harm Reduction Network. If you would like to make a contribution to the newsletter, or if any of your colleagues would like to be added to the network, please inform: [Isabel.Bryans@dh.gsi.gov.uk](mailto:Isabel.Bryans@dh.gsi.gov.uk).*

**To access the latest Network newsletter please follow the link below:**

[www.emphasisnetwork.org.uk/networks/alcohol/network.htm](http://www.emphasisnetwork.org.uk/networks/alcohol/network.htm)



The Food for Life Partnership is a five year initiative, led by the Soil Association, to transform food culture in schools and communities across England, bringing together the practical expertise of the Focus on Food Campaign, Garden Organic and the Health Education Trust.

All schools are invited to enrol with the Food for Life Partnership and work towards Bronze, Silver and Gold Marks for good food culture, rewarding everything from seasonal, local & organic meals to cooking and growing activity and links with farms. For more information please follow the link: [www.foodforlife.org.uk/](http://www.foodforlife.org.uk/) and to subscribe to the Food for Life Partnership newsletter: [www.foodforlife.org.uk/contact\\_us/subscribe](http://www.foodforlife.org.uk/contact_us/subscribe)

**Food Funding websites.....**

[www.localfoodgrants.org/](http://www.localfoodgrants.org/)

Local Food is a £50 million programme that will distribute lottery grants to a variety of food-related projects to help make locally grown food accessible and affordable to local communities.

[www.esmeefairbairn.org.uk/](http://www.esmeefairbairn.org.uk/)

Food: Aims to promote an understanding of the role of food in enhancing quality of life. We are interested in work that influences policy and practice across a range of food-related areas, enabling as many people in the UK as possible to access, prepare and eat nutritious, sustainable food. The budget is £3million over the next three years.

[www.dh.gov.uk/en/Publicationsandstatistics/Publications/DH\\_085328](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/DH_085328)

Local areas are invited to come up with innovative ways to make regular physical activity and healthy food choices easier for local communities, with the aim of preventing overweight and obesity in England. LAs and primary care trusts must make joint bids.

<http://www.biglotteryfund.org.uk/uk.htm>  
<http://www.fit4funding.org.uk/>

**● Saving Carbon, ● Improving Health**

● The draft NHS Carbon Reduction Strategy has ● been launched for ● consultation.

● Climate change is a serious ● and urgent health challenge ● for all of us as individuals ● and organisations within the ● NHS. Inactivity will cost the ● NHS; action to mitigate ● climate change will produce ● savings and benefit health in ● many ways. The NHS is

the UK's largest public sector contributor to climate change and is responsible for 18 million tonnes of carbon dioxide each year. This draft Strategy for consultation sets out how NHS organisations can reduce emissions from energy and heating, staff, patient and visitor travel, and the products used every day, at the same time as saving money that can be used for direct patient care. It sets the ambition for NHS organisations to meet and exceed the government target to reduce carbon

dioxide emissions by 60 per cent by 2050.

You are strongly encouraged to contribute to and help shape the Strategy to ensure that the NHS is the leading public sector organisation on tackling climate change.

For more information go to: [www.sdu.nhs.uk](http://www.sdu.nhs.uk)

# East Midlands Arts and Health News

## National News

### House of Lords debate Arts for Health and Wellbeing

On March 6th, the House of Lords debated what progress had been made in facilitating the use of the arts in health since the publication of the Department of Health's prospectus last year. Speakers singled out specific examples of arts in health activity for particular attention and all speakers extolled the merits of integrating arts activity into healthcare provision. Health Minister Andy Burnham was encouraged to make a public statement in support of arts in health. A full transcript of the debate can be found at [www.publications.parliament.uk/pa/ld200708/ldhansrd/text/80306-gc0005.htm](http://www.publications.parliament.uk/pa/ld200708/ldhansrd/text/80306-gc0005.htm)

## Some success stories and local activity

Arts on Prescription, Nottingham City Arts, Nottingham, have been successful in gaining PCT funding to run an Arts on Prescription programme. You can contact them via their website: [www.city-arts.org.uk](http://www.city-arts.org.uk)

### Consulting Young People & Addressing Diversity in Mental Health Provision in Leicester

'PIK M3 UP' is a magazine produced by Young CAMHS service users aimed at widening knowledge of emotional wellbeing and the services available for supporting young people in Leicester. The magazine also includes a four page survey carried out by members of the 'Towards Positive Progression' group, a youth action group developed by Black and Dual Heritage young people at Connexions Leicester Shire. The survey looks at whether ethnicity or religion make a difference to accessing health services. To find out more contact: Helen Pearson at Soft Touch Arts Ltd. [helen@soft-touch.org.uk](mailto:helen@soft-touch.org.uk)

### Using Arts in Health Sector Consultation and Training: Converse Theatre Trust

The United Lincolnshire Hospitals NHS Trust and Lincolnshire PCT have joined have engaged Converse Theatre Trust towards carrying out important consultation work towards the development of its Single Equality Schemes, Converse Theatre will lead events using creativity to encourage participation and engagement. To find out more about this important work

contact: John Bowtell, Converse Theatre Trust, via their website: [www.converse.info/](http://www.converse.info/)

Or contact Lincolnshire Hospitals NHS Trust or Lincolnshire PCT via the following: Rachel Taylor on (01476) 464278, email: [Rachel.Taylor2@ulh.nhs.uk](mailto:Rachel.Taylor2@ulh.nhs.uk) Karen Austin on 07909 966108, e-mail: [karen.austin@lpct.nhs.uk](mailto:karen.austin@lpct.nhs.uk)

## Training / Study

Derby University continues to develop its Therapeutic Arts and Complementary Medicines courses, building links with educators, and health care professionals in the voluntary, private and public sectors. They run a wide range of courses around the Therapeutic use of Arts in Health and Wellbeing. Find out more view their website: [www.derby.ac.uk/therapeutic-arts-and-complementary-medicines](http://www.derby.ac.uk/therapeutic-arts-and-complementary-medicines)

## Events

### **East Midlands**

#### Arts Therapy Feasibility Study Seminar, Revive Healthy Living Centre, Derby

The University of Derby has been running a research project based at Derby's Revive Healthy Living Centre. Arts Therapists from the University ran a series of projects offering access to Arts activities, with a view to investigating how using the Arts can benefit wellbeing and mental health. Planned for the future is an event aimed at sharing research and findings towards building knowledge of and interest in arts therapy across the city. TO find out more contact: Louise Spry or Lisa McCabe: 01332 592221 / 593030, or email [l.spry@derby.ac.uk](mailto:l.spry@derby.ac.uk) / [l.mccabe@derby.ac.uk](mailto:l.mccabe@derby.ac.uk)

#### Nottingham University

Nottingham will play host to a National conference for Arts in Mental Health. Keep an eye out on future Bulletins for full information.

#### Loughborough University

Loughborough University will host 2 seminars over the summer period under the title, *Representations of Illness: Making art to make change*. The Seminars bring together Academics from across the globe with Artists towards addressing how artistic representation addresses health and wellbeing towards furthering research

in this field. Events are by invitation only.

## Previous Events

Creative Northants are leading on the development of a network of professionals, practitioners and all interested in developing Arts in Health activity within Northamptonshire. An initial meeting was held in June, which included representatives from Social Care, Primary Care, Voluntary Sector and Arts Sector, Local Authority officers, Academics and Freelance Artists and Arts practitioners. To find out more about future work contact them via their website: [www.creative-northants.org.uk/](http://www.creative-northants.org.uk/)

## National Arts'n'Care 08

Arts'n'Care are a national organisation aimed at showcasing how arts can be used in the provision of Social Care. This year their flagship conference and festival will take place on Thursday 30 October in Leamington Spa, Warwickshire. The day long event looks at the ways in which the arts can be used to improve communication and build confidence and self-esteem among mental health service users. Including workshops, speeches and performances from Sound Minds, Lapidus, John Hegley and CandoCo among others, the day is suitable for organisations and individuals looking to employ the arts in their provision of mental health services. For more details, visit: [www.rightthing.co.uk](http://www.rightthing.co.uk)

## Music and Health Conference

The Sidney de Haan Research Centre for Arts and Health is hosting a conference to explore the possible health benefits of active participation in music making and singing. The conference, which aims to provide an overview of current developments in research into music and health, will take place from the 9th – 10th September in Folkestone. Keynote speakers include Professor Gene Cohen from The Center on Aging, Health and Humanities at George Washington University Medical Center and Dr Gary Ansdell from the Nordoff-Robbins Music Therapy Centre. For more details, visit: [www.canterbury.ac.uk/centres/sidney-de-haan-research/conference](http://www.canterbury.ac.uk/centres/sidney-de-haan-research/conference)  
**Tell us about your work: contact Anna & Geoff**  
[emphasisonartsandhealth@googlemail.com](mailto:emphasisonartsandhealth@googlemail.com)



**Second Round of Bids for School Food Trust's School FEAST (Regional Training Kitchens) Programme.**

Following the announcement of an additional £2m Capital Fund Grant by Rt Hon Ed Balls, the Secretary of State for Children, Schools and Families, the School Food Trust has announced a second wave of bids to establish further School FEAST (food excellence and skills training) Centres across England.

The aim of the second wave is to create additional School FEAST Centres and partnerships that:

- Cover the remaining geographical gap
- Offer increased coverage in those geographical areas that already have School FEAST centres or partnerships
- Provide innovative or niche services / models that add value to the existing Network

In the first wave of bids, the East Midlands were awarded a School FEAST Centre with the establishment of the Northamptonshire FEAST. Led by County Council's Healthy Food and Drink Team, the Northamptonshire FEAST was set up through a

partnership with local training providers including catering colleges and private providers.

For more information on the Northamptonshire School FEAST please contact Oli Makinson at [OMakinson@northamptonshire.gov.uk](mailto:OMakinson@northamptonshire.gov.uk) or visit the website at

[www.healthyfoodanddrink.co.uk/news.php?newsitem=13](http://www.healthyfoodanddrink.co.uk/news.php?newsitem=13)

This year, the School Food Trust are keen to secure additional centres across the East Midlands and would welcome the opportunity to receive business plans from those considering an application to establish further School FEAST Centres across the region.

The deadline for submission for the second wave of School FEAST Centres is 10:00am on 26th September 2008. Full details, including the Prospectus and business plan templates, are available on the School FEAST website at [www.schoolfeast.co.uk](http://www.schoolfeast.co.uk)

## NATIONAL LIBRARY FOR HEALTH

The National Library for Public Health (NLPH) is an online specialist library of the National Library for Health. It replaces the Public Health electronic Library (PHeL). The NLPH was made available in mid-November 2007 with an initial focus on three key areas: Obesity, Alcohol, and Tobacco. The library was relaunched in April 2008.

The project is being directed by the North East Public Health Observatory on behalf of the Association of Public Health Observatories, as part of the Information and Intelligence Strategy published by the Department of Health.

The library can be accessed at: [www.library.nhs.uk/publichealth](http://www.library.nhs.uk/publichealth)

## EAST MIDLANDS TEACHING PUBLIC HEALTH NETWORK

The East Midlands Teaching Public Health Network (EMTPHN) had its first stakeholder conference event on Tuesday 24<sup>th</sup> June. The conference focused on "helping to build the capacity and capability of the East Midlands Public Health Workforce" and proved to be a success. Over 100 delegates attended and the public health team at the Deanery was there from the outset to help deliver and organise the day. The programme included a mixture of presentations in the morning, examples of excellence across the East Midlands and workshops in the afternoon.

The feedback has been tremendously positive. Delegates commented that they had valued the whole day, finding the examples of excellence inspiring and encouraging. The conference provided a unique forum for public health and education professionals coming together to look at innovative ways of capacity and capability building in public health across the East Midlands.

Presentations, workshops discussions and the evaluation report will be available on the EMTPHN website by end of this month.

[www.emphasisnetwork.org.uk/tphn.htm](http://www.emphasisnetwork.org.uk/tphn.htm)

**For more information please contact Dr Isabel Perez, e mail [Isabel.Perez@eastmidlands.nhs.uk](mailto:Isabel.Perez@eastmidlands.nhs.uk)**

**Trent RDSU  
(Nottingham)**

[www.trentrdsu.org.uk](http://www.trentrdsu.org.uk)

**Short Course Programme  
October – December 2008**

**A range of courses for those interested in health or social  
care research.**

All courses can be booked online via our website  
[www.trentrdsu.org.uk](http://www.trentrdsu.org.uk) More details are available on the website  
or on request. Half day courses are held in the morning, 9.30 –  
12.30/13.00, unless otherwise indicated.

Contact:

**Karen Taylor, Administrator, Trent Research and Develop-  
ment Support Unit**

**Tel: 0115 846 6907 or ext. 66907; Fax: 0115 823 0501**

**Email: [karen.taylor@nottingham.ac.uk](mailto:karen.taylor@nottingham.ac.uk)**

**Additional Courses**

If the courses in this prospectus do not fulfil your training require-  
ments, we may be able to provide tailor-made training, subject to  
available resources. Please contact:

**Dawn-Marie Walker, Research Capacity Building Co-  
ordinator, Trent Research and Development Support Unit**

**Tel: 0115 82 30511; Fax: 0115 82 30501**

**Email: [dawn-marie.walker@nottingham.ac.uk](mailto:dawn-marie.walker@nottingham.ac.uk)**

Details of other services offered by the RDSU are available on  
our website.

**HEALTH NEWS FROM  
AROUND THE REGION**

To access health news and stories  
from around the East Midlands region  
visit the NHS East Midlands website:  
[www.eastmidlands.nhs.uk/press-room](http://www.eastmidlands.nhs.uk/press-room)



**FOOD  
STANDARDS  
AGENCY**

The FSA East Midlands update will be available by the  
middle of August on the **emphasis** website:  
[www.emphasisnetwork.org.uk](http://www.emphasisnetwork.org.uk)

**Safe, Sensible, Social –  
consultation on further  
action**

The Government's renewed  
alcohol strategy, Safe.  
Sensible. Social (June 2007),  
outlined national and local  
action to achieve long-term  
reductions in alcohol-related ill  
health and crime. The  
Government committed to  
carrying out three reviews of  
industry practice and then to  
consult on whether there  
is a need for further regulation  
of alcohol retailing.

For more information please  
visit

[www.dh.gov.uk/en/  
Consultations/  
Liveconsultations/DH\\_086412](http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_086412)

**Consultation on the  
future of tobacco control**

The Cancer Reform Strategy  
2007 announced the  
Government's intention to  
consult on the next steps in  
tobacco control and the further  
regulation of tobacco products,  
and to consult with  
stakeholders on measures to  
reduce the significant harm to  
health caused by smoking for  
those who are addicted to  
nicotine and not able to quit  
altogether. For more  
information please visit

[www.dh.gov.uk/en/  
Consultations/  
Liveconsultations/DH\\_085120](http://www.dh.gov.uk/en/Consultations/Liveconsultations/DH_085120)