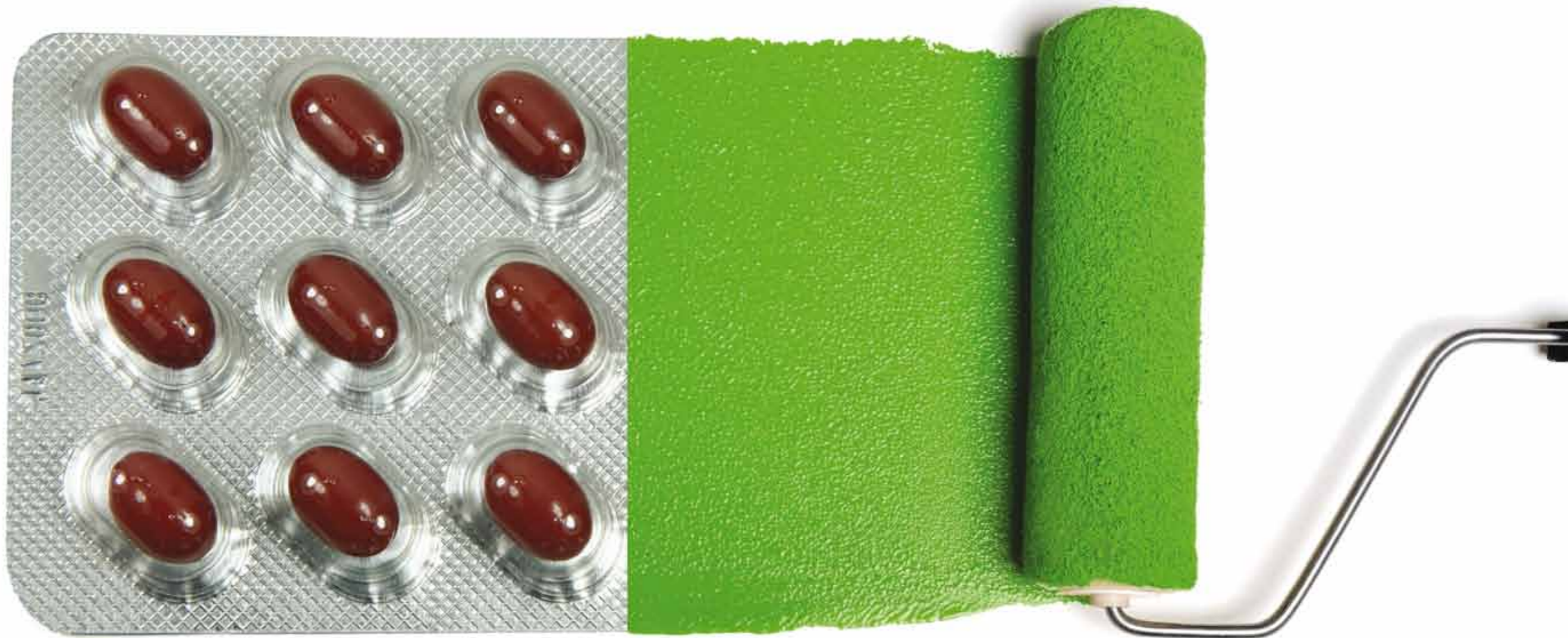


*You treat her
for depression.*

We add
some colour.



*You set a
healthy weight.*

**We help him
buy fresh.**



*You take care
of the cravings.*

We help him
see the benefits.



*You check
her heart.*

*We help her
cook well.*



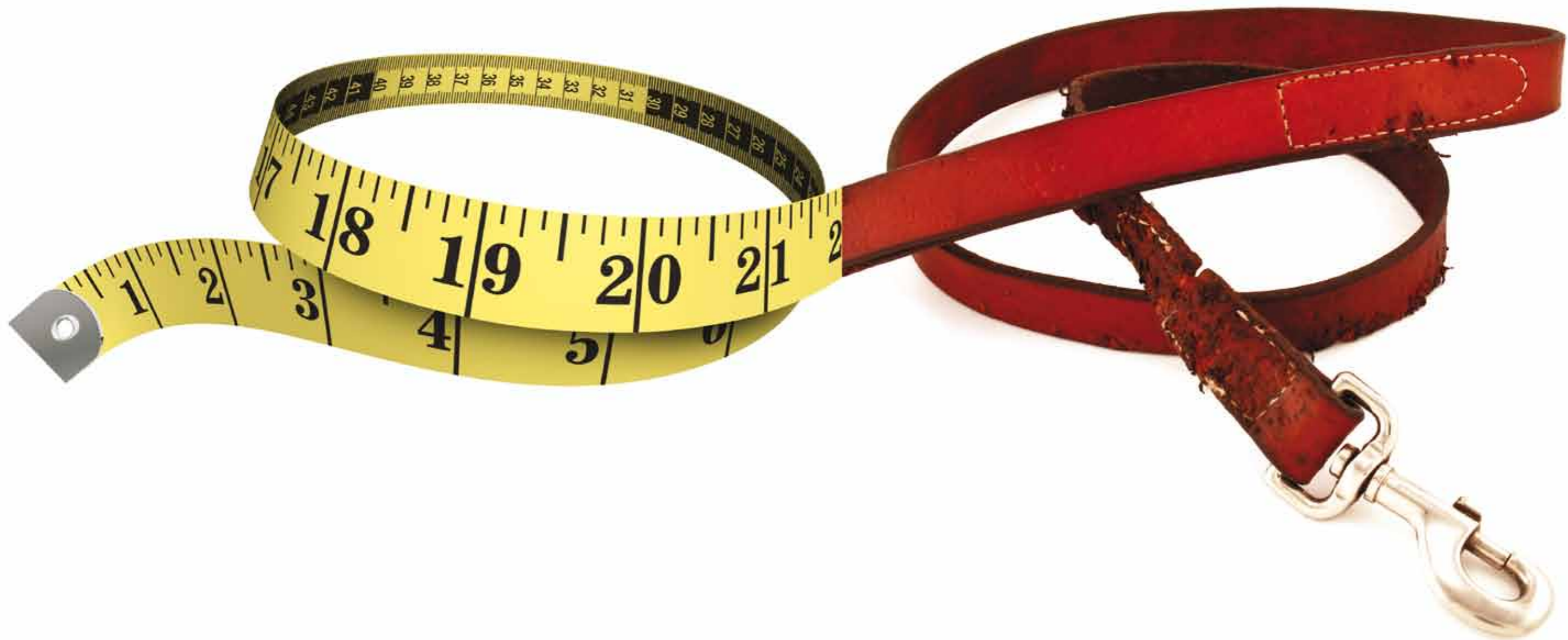
His BP says relax.

We send him
swimming.



*You outline
the journey ahead.*

We plan a daily
walking route.



*You measure his
blood sugars.*

*We help him
meet his goals.*



*You advise her
to drink less.*

We go to her
first meeting.



*You test for
cholesterol.*

We help change
his diet.

