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# Warm and Well in Derby Project

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## Content of the session

- Background to Project – Project development, plan development and approval, funding, initial work and recruitment
- Achievements
- Project continuation
- Future initiatives
- Questions



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## Health impacts of living in cold damp homes

- Connection between cold, damp housing and rates of morbidity and mortality well documented (1998 DoH Independent Inquiry into Inequalities in Health).
- Cold homes shown to exacerbate existing illnesses such as asthma and to reduce resistance to respiratory illnesses like influenza, pneumonia and bronchitis. Risk of heart attack or stroke is also increased by cold conditions in the home.



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## Excess Winter Deaths – ONS data for 2006-07

Age Group Affected	Number of people in East Midlands	Number of people in Derby
0-64	100	6
65-74	300	19
75-84	600	37
85+	1,000	62
All ages	2,000	124



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## Seasonal Excess Deaths in Derby

- Health Inequalities Regional Support Team visit to Derby January 2008
- Cancer, Infant Mortality, Tobacco Control, Acute CVD, CVD secondary prevention and Diabetes and SEASONAL EXCESS DEATHS
- Good practice and recommendations



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# Seasonal Excess Deaths in Derby

## Good Practice

- Derby multi-sector Affordable Warmth Strategy launched in 2002 – dedicated team to take work forward. Strategy uses ‘excess winter deaths’ as an indicator to monitor progress towards its objectives.
- Comprehensive in-house service (Derby Home Energy Advice Service – DHEAS) that provides home energy advice, refers residents on for grants/discounts and trains front-line staff.
- DHEAS closely linked and co-located with the welfare rights service – holistic approach to the provision of affordable warmth and income maximisation to lift people out of fuel poverty.
- Reduction of households in fuel poverty in Derby from 27,587 to 18,217 between 2002-07.



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# Seasonal Excess Deaths in Derby

## Recommendations

- Derby City PCT should undertake an analysis of SEDs for Derby City
- All older households should receive systematic assessment of heating and energy advice needs through use of best practice questions for use with the Common Assessment Framework including the Single Assessment Process – to trigger referrals to DHEAS.
- The LA, PCT and Acute Trusts working with the CVS should establish systems to require uptake of ‘brief interventions’ training for all front-line staff working with older people, to enable them to identify and refer vulnerable older people for affordable warmth services.
- The LA and PCT should jointly fund and support a comprehensive advice and home visiting service for older people to provide an integrated advice service covering energy advice, income maximisation, and a health advice (including e.g. ‘flu vaccine uptake, cooking/healthy eating, keeping warm outdoors etc).



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## Warm and Well in Derby Project

### Project development

- Improving Services sub-group of Healthy City (sub-group of LSP) agreed funding for initiative
- Funding of up to £20K from both DCC's Adult Social Services and Derby City PCT (now NHS Derby City) made available
- Sub-group approached Council's Home Energy Advice Manager to write proposal



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## Warm and Well in Derby Project

### Project plan development and approval – objectives:

- to reduce health inequalities for older people in Derby by reducing fuel poverty and excess winter deaths, and by improving health through making homes warmer
- to improve well being and quality of life – helping to reduce cold/illness/unnecessary admission to care homes and also reduce anxiety
- to contribute to meeting targets set under National Indicator 187 (Tackling fuel poverty: % of people receiving income based benefits living in homes with a low and high energy efficiency rating).



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## Warm and Well in Derby Project

- Funding
  - Salaries = £12K; Publicity = £10K; TOTAL = £24,900
- Initial work
  - Establishing and building on partnerships (Working Group)
  - Developing ideas (Warm Front mailout)
  - Training (Age Concern)
- Recruitment
  - Project worker (ideally from health sector)



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## Warm and Well in Derby Project

Output	Number forecast	Date to be achieved	Method of measurement
Home visits carried out	30	30 June 2009	Total number of households getting advice in their home
Benefits entitlement checks carried out	20	30 June 2009	Total number of households getting a benefits entitlement check
Number of dwellings benefiting from energy efficiency measures and/or advice	100	30 June 2009	Total number of households getting insulation and/or heating improvements and/or home energy advice



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## Warm and Well in Derby Project

- Achievements
  - ✓ All key outputs achieved
  - ✓ All key tasks achieved
  - ✓ All key outcomes addressed
  - ✓ Most key initiatives have been developed and delivered
  - ✓ A wide range of partners have engaged with the Project
  - ✓ Majority of people that have made contact with the Project have benefited from a warmer home and/or lower fuel bills and this is likely to have impacted on their health
  - ✓ Well within the initial funding forecast (appreciable underspend)



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## Warm and Well in Derby Project

- Key Achievements
- ✓ Customer Satisfaction Survey: sent to 177 residents that had made contact with the Project – 42.9% (76) responded; 81.6% satisfied or very satisfied (50% very satisfied)
- ✓ 33 had (or about to have) Warm Front improvements = £55K of Warm Front funds levered in
- ✓ 10 had loft and/or cavity wall insulation installed through fuel companies' schemes = at least £2,500 of their funds levered in
- ✓ 10 residents changed to a better tariff = £1K a year (£100 for each household), and 10 had a benefit entitlement check = £2K a year (£200 per household a year)

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Warm and Well in Derby Project



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## Warm and Well in Derby Project

- Project continuation
  - Because of underspend funders approved continuation of funding (up to original £40K limit) for additional six months
  - Warm and Well in Derby Project Home Energy Advisor, Anne Wayne, given additional six months secondment from Derbyshire County PCT



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## Warm and Well in Derby Project

- Future initiatives
  - target of an additional 150 households helped – making 250 in total for the whole period Jan to Dec 2009
  - Continue to focus on vulnerable older people
  - Look to further develop the health focus of the Project – working more closely with GP practices to target people with Long-Term Conditions; and work with health professionals (Community Matrons).



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# Warm and Well in Derby Project

## Questions



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## Warm and Well contact details

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